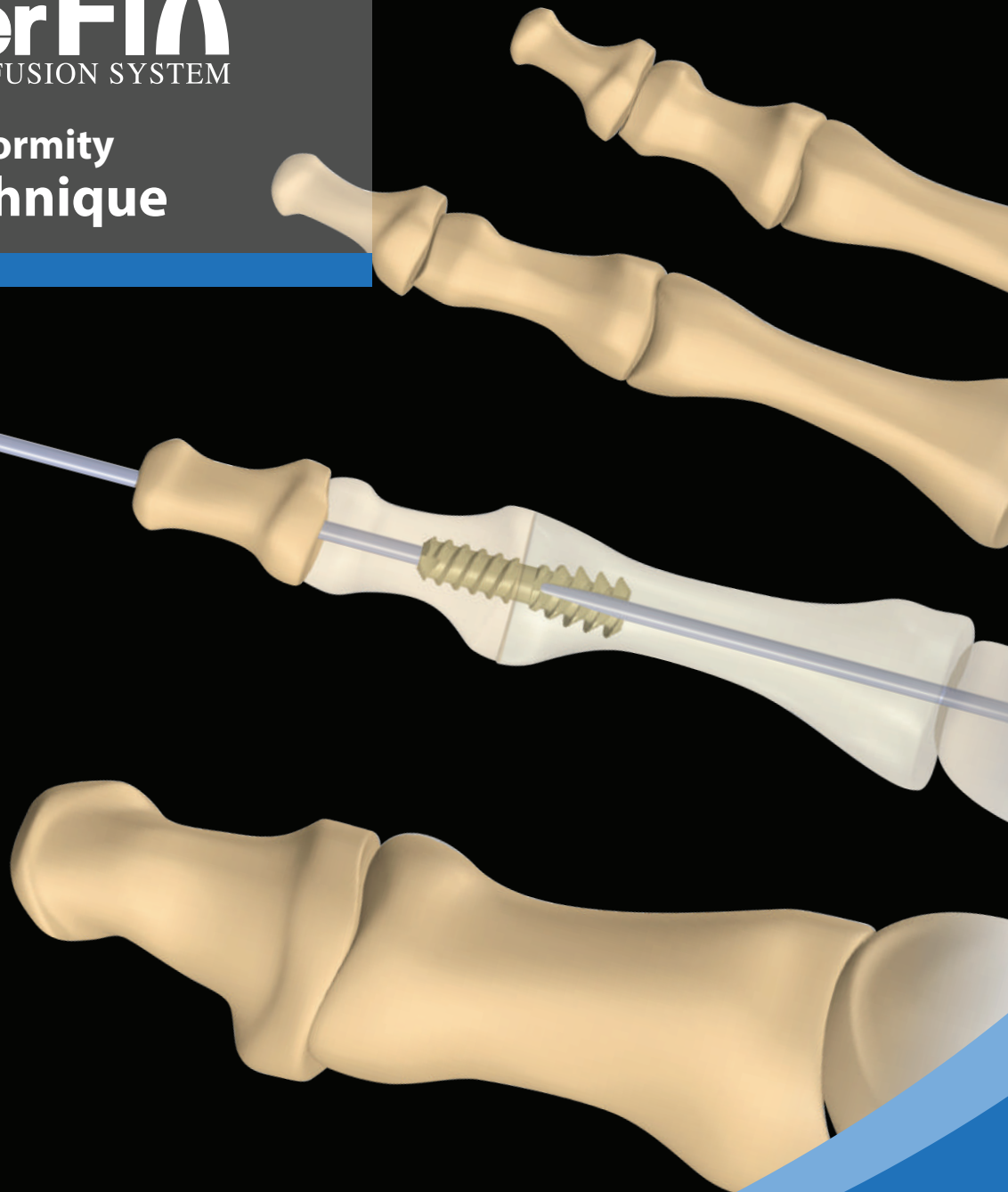


BLUEROCK
▪ Fine Surgery ▪

HammerFix[™]
IP FUSION SYSTEM

**Hammertoe Deformity
Surgical Technique**



CAUTION: Federal Law (USA) restricts this device to sale by or on the order of a physician.

Hotline 0800 588 8005
www.bluerockmedical.de

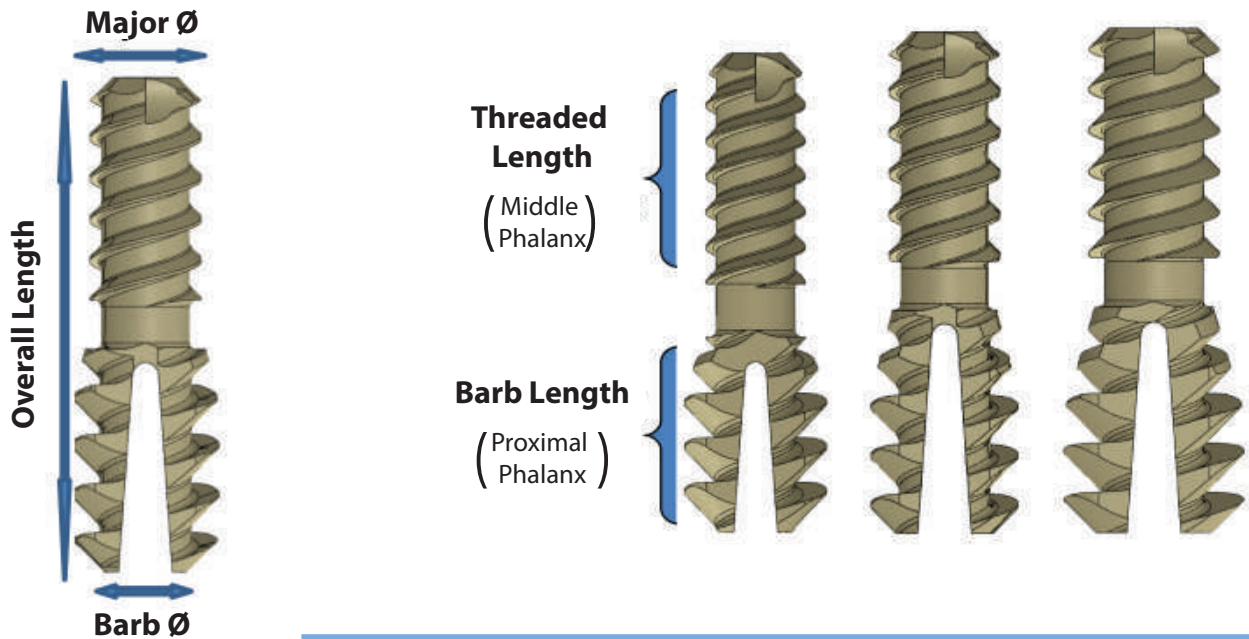
**Hammertoe Deformity
Surgical Technique**

INDICATIONS FOR USE

The Extremity Medical Hammertoe Device is indicated for the fixation of osteotomies and reconstruction of the lesser toes following correction procedures for hammertoe, claw toe and mallet toe.

HammerFiX™ Implants Description:

- Made of PEEK (Polyetheretherketone)
 - A non-resorbable polymer that has been shown to be highly biocompatible with a long track record in orthopaedics
- Cannulated
 - Provides an option to temporarily pin the corrected phalanx across the MPJ with a guidewire
- Available in 3 sizes to accommodate size variations of the lesser toes

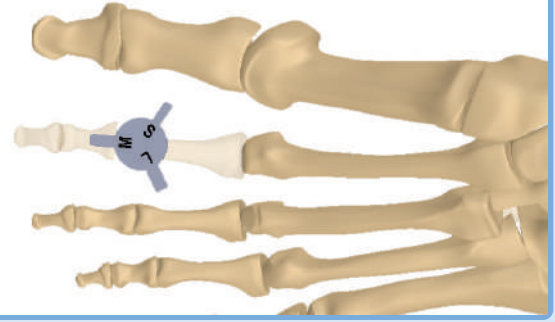


Size	Small – 2.8	Medium – 3.4	Large – 4.0
Overall Length (mm)	13.5	15	15
Major Diameter Screw (mm)	2.8	3.4	4.0
Major Diameter Barb (mm)	4.0	4.5	5.5
Barb Length (mm) Proximal	5.5	6.8	6.8
Threaded Length (mm) Middle	6.5	7.0	7.0
Guidewire (mm) Compatibility	1.1 (.045 in)	1.4 (.054 in)	1.6 (.062 in)

STEP 1

Pre-Operative Planning (Templating with Sizing Key)

An intra-operative template may be used to determine the optimal implant size. This template is radiopaque and can be used with fluoroscopy. The length and width of the template correspond to the length and major diameter of the threaded end of the implant for the middle phalanx.



STEP 2

Exposure and Joint Preparation

Create an incision over the dorsal aspect of the PIP joint. Perform soft tissue releases as necessary. The joint dissection and access should provide complete visualization of the articular surfaces of the middle and proximal phalanges.

STEP 3

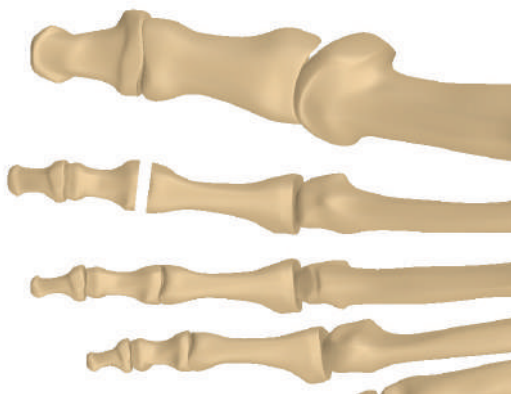
Joint Preparation

Prepare the joint surface of both the proximal and middle phalanx. Resect the distal aspect of the proximal phalanx just posterior to the head of the phalanx. Denude the articular cartilage of the middle phalanx. If you choose to resect the middle phalanx, take care to avoid excessive resection which may result in a shortened digit.

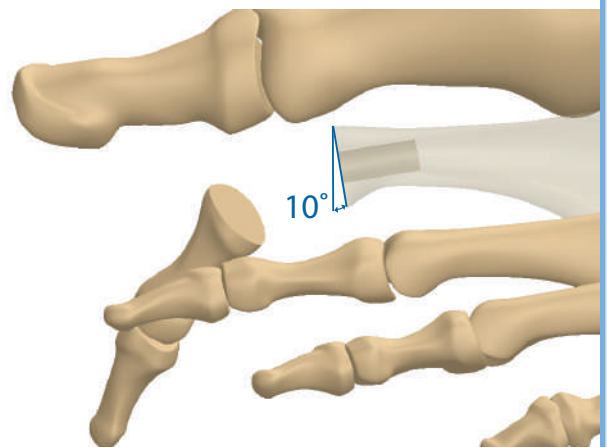
10° Plantar Flexion Option

Resect the distal aspect of the proximal phalanx at a 10° angle.

Note: It may not be possible to utilize the Guidewire for fixation of the MP joint with this option (step 8).



Straight Cut



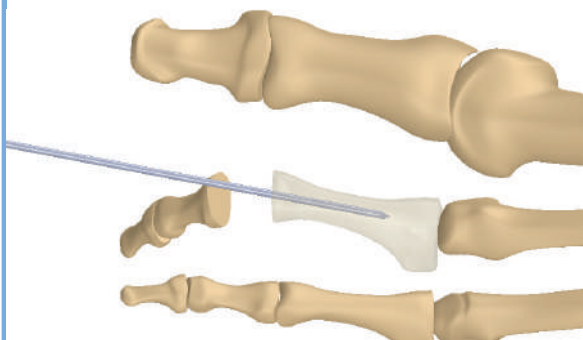
10° Option

**Hammertoe Deformity
Surgical Technique**

**STEP
4**

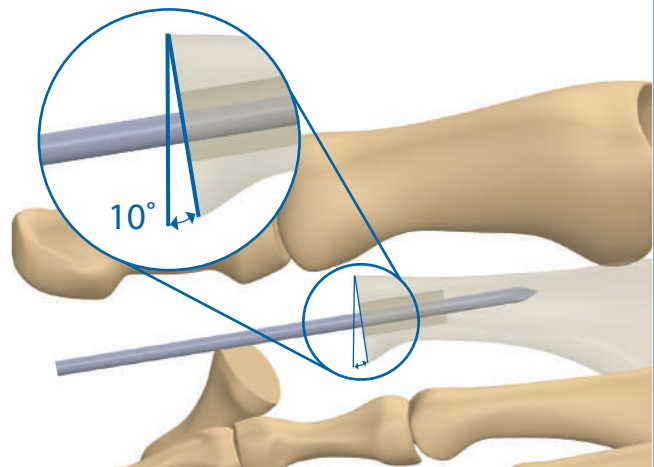
Prepare the Proximal Phalanx (Guidewire Placement & Drill)

Place the Guidewire into the proximal phalanx along its central axis, approximately 10mm. Verify proper positioning with AP and lateral fluoroscopic views.



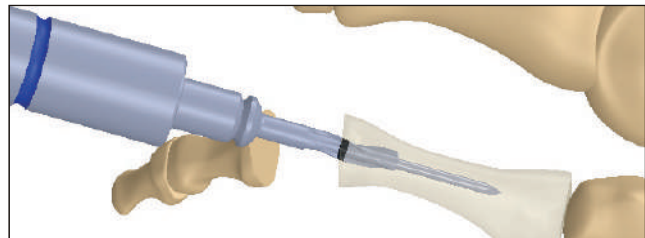
10° Option

Place the Guidewire perpendicular to the 10° resection of the proximal phalanx



Hand drill over the Guidewire and advance until the depth line on the cannulated Drill is no longer visible. This will create space for the barbed end of implant.

Remove the Drill and Guidewire.



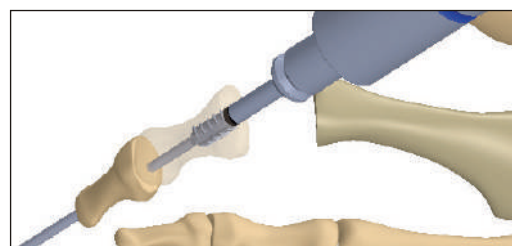
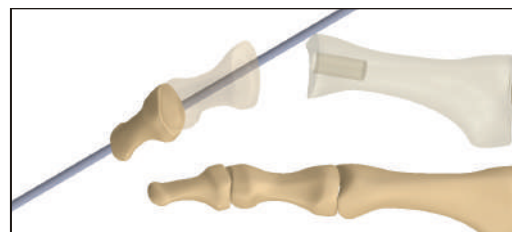
**STEP
5**

Prepare the Middle Phalanx (Guidewire Placement & Tap)

Insert the Guidewire into the central axis of the middle phalanx. After verifying proper positioning with AP and lateral fluoroscopic views, continue to drive the Guidewire distally through both the middle and distal phalanx until it exits the toe, leaving a minimum of 10mm to guide the Tap.

Advance the cannulated Tap by hand over the Guidewire to prepare the middle phalanx for the threaded side of the implant. Advance the Tap until the depth line is no longer visible.

NOTE: Tap Removal – rotate the Tap counterclockwise to remove. Never pull the Tap straight out.

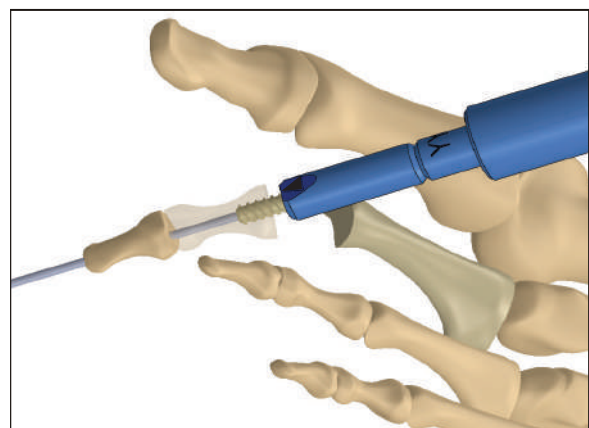
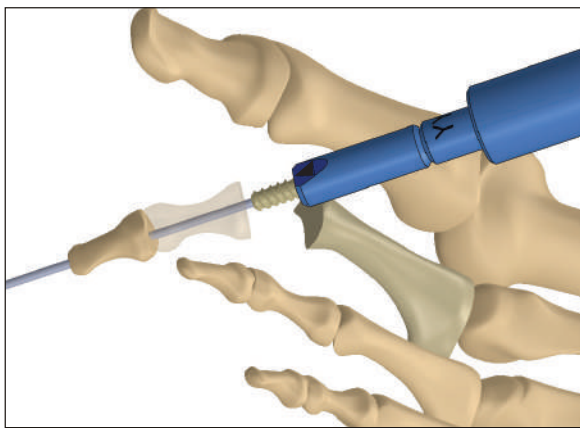


**STEP
6**



Implant Insertion into the Middle Phalanx

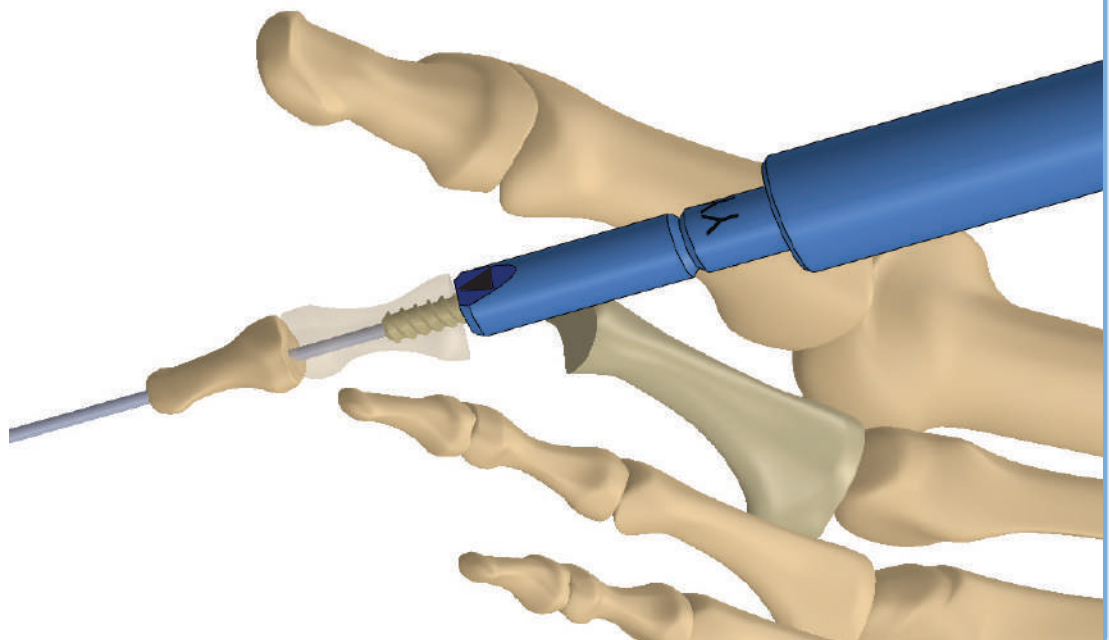
Attach the Driver to the barbed segment of the HammerFiX implant.

Insert the threaded screw segment of the HammerFiX implant into the middle phalanx.



Advance the implant until the Driver meets the middle phalanx. This will ensure that the threaded portion of the implant is within the middle phalanx, leaving the unthreaded portion of the implant at the boneto-bone interface.

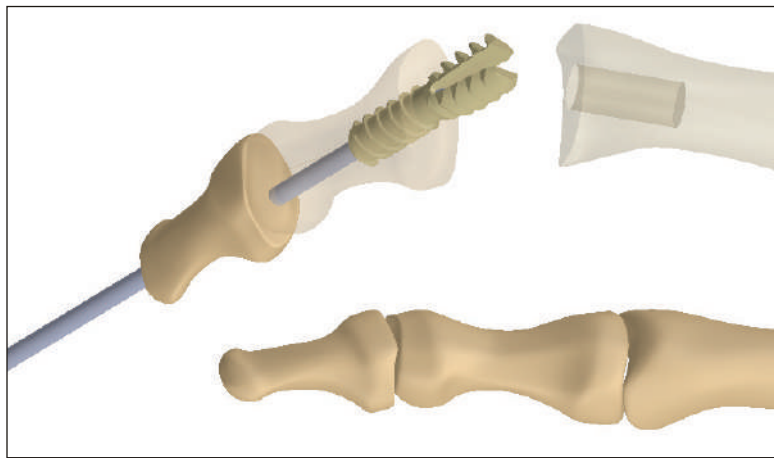
Orient the Driver so that the  at surface of the Driver (with  arrow) is aligned with the dorsal aspect of the middle phalanx (12 o'clock position). This will ensure the proper orientation of the implant in the phalanx.



**STEP
7a**

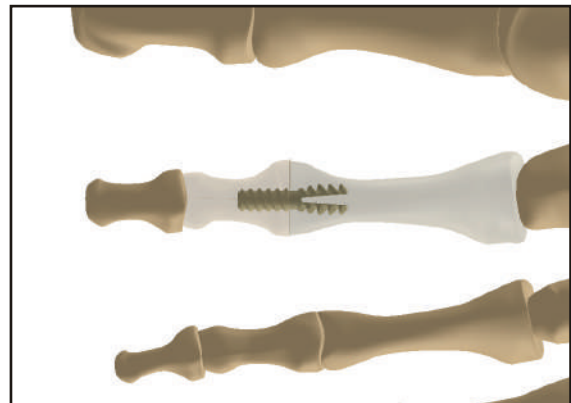
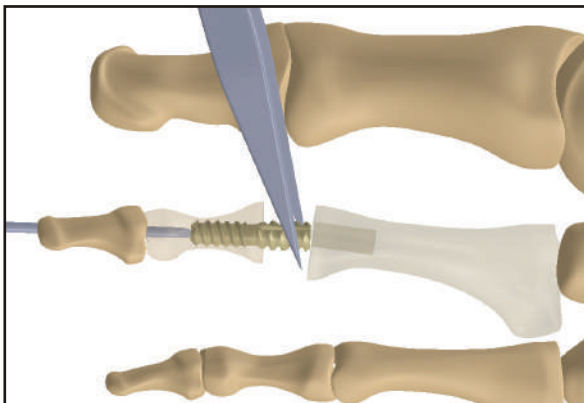
Implant Insertion into the Proximal Phalanx

Withdraw the Guidewire distally until it is housed within the threaded screw segment of the implant.



Align the implant with the proximal phalanx. Compress the barbed segment of the implant with the provided Forceps and insert the barbed portion of the implant into the pre-drilled hole in the proximal phalanx. Firmly compress the joint until the implant is completely buried and the surfaces of the resected joint are fully opposed.

Note: It is recommended to advance the Guidewire through the barb segment of the implant as this will enhance the barb deployment in the proximal phalanx. The Guidewire can then be removed.



STEP
7b

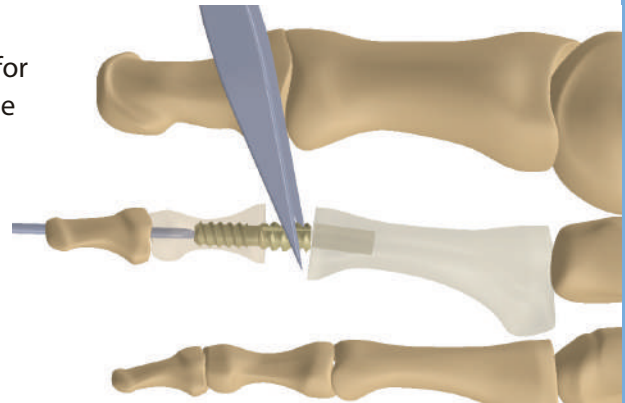
Implant Insertion with Added Compression

Optional Technique

The reverse helical thread pattern of the barbed segment of the implant (opposing threads) allows for the ability to generate added compression upon the insertion of the device.

To generate compression:

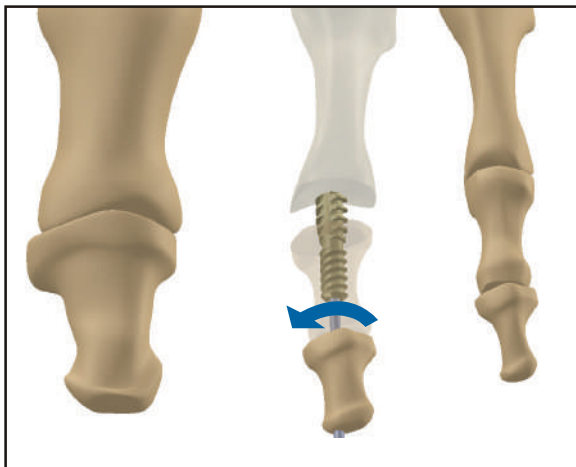
- Compress the barbed segment with the provided Forceps as in Step 7a.
- Rotate the middle phalanx counterclockwise prior to the insertion of the barbed segment into the proximal phalanx.
- Firmly compress the joint until the implant is completely buried and the surfaces of the joint are fully opposed.
- Rotate the middle phalanx back to a neutral position.



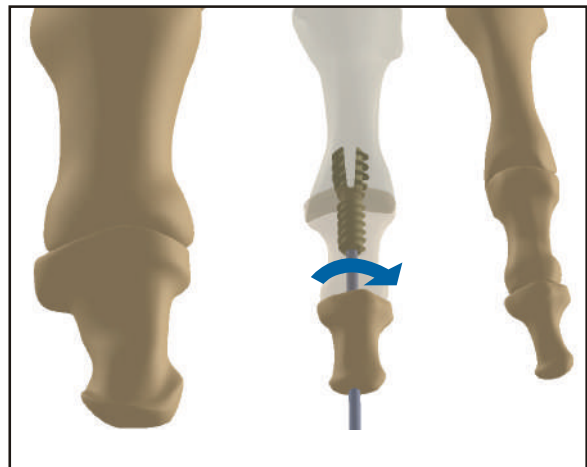
For added compression: rotate the middle phalanx counter clockwise prior to insertion into the proximal phalanx.

The opposing threads of the barbed segment of the implant allow for ~ .25mm of compression for every 30° of counter-rotation.

Rotate counterclockwise prior to insertion



Compress joint and rotate clockwise to neutral



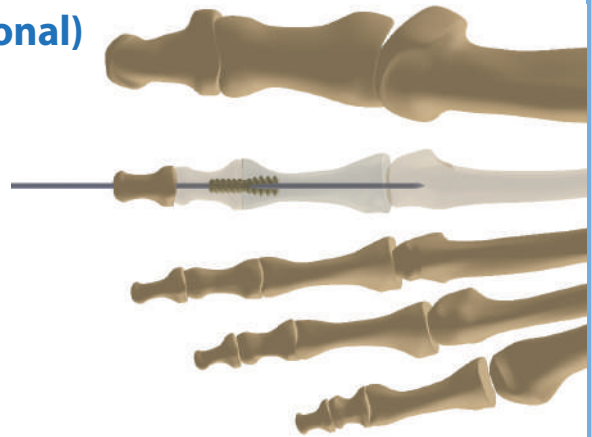
Note: It is recommended to advance the Guidewire through the barbed segment of the implant as this will enhance the barb deployment in the proximal phalanx. The Guidewire can then be removed.

STEP 8

MTP Joint Stabilization (Optional)

MTP Joint Stabilization

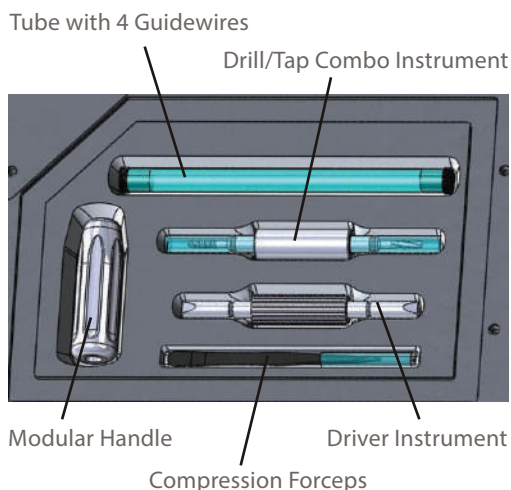
This cannulated device allows for the Guidewire to be driven proximally into the metatarsal to stabilize the MTP joint. This step is based on the surgeon's discretion, and may be left in place for the initial recovery period to allow the soft tissue to heal and prevent MTP subluxation. This step is optional. If not desired, remove the Guidewire.



REMOVAL

Expose the proximal interphalangeal joint. Distract the joint space until the barbed end of implant is exposed. Using surgical Forceps, grasp and compress the barbed side of the implant to remove from the proximal phalanx. Back implant out of the middle phalanx by turning implant counterclockwise.

Each HammerFiX Implant utilizes a size specific Instrument Set (sterile packed) that consists of the following items:



LBL-132-99102-EN Rev B 3/2014  0086

Hersteller: **Extremity Medical**

300 Interpace Parkway, Suite 410 | +358 20 778 9500
Parsipany, NJ 07054, USA | www.bioretec.com

BlueRock Medical
Possenhofener Str. 5
D-82340 Feldafing

+49 (0) 8157 998 1238
+49 (0) 8157 998 1242
info@bluerockmedical.de

Reference Number

HammerFiX™ Small

- 132-28013-S HammerFiX™ Implant - Small
- 132-02800-S HammerFiX™ Instrument Kit - Small
- 132-28000-S HammerFiX™ Set - Small (Implant & Instruments)

HammerFiX™ Medium

- 132-34015-S HammerFiX™ Implant - Medium
- 132-03400-S HammerFiX™ Instrument Kit - Medium
- 132-34000-S HammerFiX™ Set - Medium (Implant & Instruments)

HammerFiX™ Large

- 132-40015-S HammerFiX™ Implant - Large
- 132-04000-S HammerFiX™ Instrument Kit - Large
- 132-40000-S HammerFiX™ Set - Large (Implant & Instruments)

Sizing Key

- 132-00050-S Sizing Key